

# Soul-Link, Inc.

*"...fostering an awareness of and response to the sacred in nature, human nature and events of everyday life."*

Volume 1 Issue 10  
Summer 2003



## Soul-Link Council

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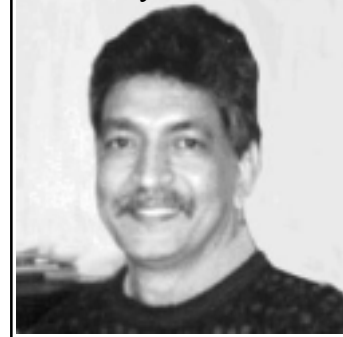
[www.soullinkonline.org](http://www.soullinkonline.org)

## **"Discovering the Divine Within"**

*A Two-Session Workshop at First Congregational Church sponsored by Soul-Link.*

Friday evening, July 11, the session will be 7:30 P.M. to 9:00 P.M. and is open to all. There is no registration fee. However, a free-will offering will be taken. No RSVP is necessary. On Saturday, July 12, from 9:00 A.M. to 2:00 P.M., a more extensive session will be held. RSVP is encouraged. There is a \$15.00 fee for registrations received no later than July 9. Walk-ins are welcome, but will be charged a registration fee of \$20.00. Both amounts include lunch. You may register by calling 473-5852. Leave a message or complete and return the registration form on page four of this newsletter.

Tony D'Souza



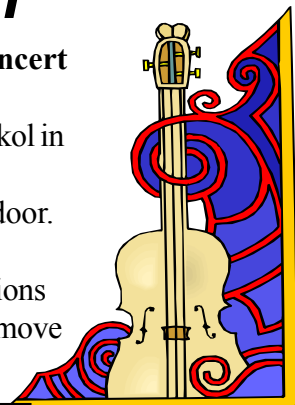
D'Souza, a clinical psychologist and Jesuit priest based in Mumbai, India, brings us a message of love. He presents spiritual solutions for the stresses of contemporary life focusing on relationship with God, others, and ourselves. His workshops are a combination of talks, guided contemplative exercises and discussions about fundamental questions regarding what we desire in life.

*"Dependency relationships based on fear are often extolled in songs, poetry and novels as love. Genuine relationships are mystical. I become aware of the divine in me in connection with the divine in you." --Tony J. D'Souza*

## **Music To Move The Soul**

**Soul-Link Presents Musicians Volan, Uvagas, and Sokol In Concert**

Join instrumentalists and vocalists Phil Volan, Joe Uvagas, and Jim Sokol in concert on August 9, 2003 at 7:30 P.M. in the auditorium at Benet Hill Monastery (located on north Chelton). Admission is \$10.00 at the door. No RSVP is necessary. These musicians have been performing in the Colorado Springs area for over a decade. Most of their musical selections are original compositions. Come and experience music that is sure to move the soul.



**Mark Your Calendars for the Soul-Link Fall Retreat on September 13, 2003 at El Pomar (Julie Penrose House).** This retreat will provide opportunities for presentation, reflection, and interaction. More details will follow later in the summer.

**SUMMER 2003**

## The Path to Love

The most valuable thing you can bring into any relationship is your spiritual potential. This is what you have to offer when you begin to live your love story at the deepest level. Like the seed needed to start the life of a tree, your spiritual potential is the seed for your growth in love. Nothing is more precious. Seeing yourself with the eyes of love makes it natural to see others that way too. You will be able to say of your beloved, as the poet Rumi does:

*You are the secret of God's secret.*

*You are the mirror of divine beauty.*

The path to love is something you consciously choose to follow and everyone who has ever fallen in love is shown the first step on the path. The unfolding of spiritual potential has been the chief concern of all the great seers, saints, prophets, masters, and sages in human history. Theirs was a carefully charted quest for the Self, a far cry from our notion of love as a messy, emotional affair.

The goal of the path to love is to transform your awareness from separation to unity. In unity we perceive only love, express only love, are only love.

A path is just a way to open yourself to spirit, to God, to love. These are aims we all may cherish, but our culture has given us no established, organized way to reach them. Indeed, never in history has a seeker been confronted with such a disorganized and chaotic spiritual scene.

What we are left with is relationships. The desire to love and to be loved is too powerful ever to be extinguished, and fortunately, a spiritual path exists based upon this unquenchable longing. The poet Rumi wrote of his most desirable lover, God, whose touch he could feel against the skin:

*When it's cold and raining,*

*You are more beautiful.*

*And the snow brings me even  
closer to your lips.*

*The inner Secret, that which  
was never born,*

*You are that freshness,  
and I am with You now.*

Excerpts from the Path to Love, Deepak Chopra

## Know Your True Self

Awakening to your own original face -- "enlightenment" -- does not mean being able to explain yourself or knowing the source of yourself. Enlightenment is liberation from the dross of learning and experience that, without one's being aware of it, has accumulated and settled like so much sediment, or like cholesterol into one's arteries. It is the vivid, lively manifestation of the heart with which one is born -- the heart that is no-form, no-mind, nonabiding, attached neither to form nor to thought, but in dynamic motion. Consequently, enlightenment is not an end point, but rather a starting point.

The power in which you can come to believe in yourself is not gained through training. It is the great power that transcends the self, that gives life to the self. The purpose of Zen practice is to awaken to the original power of which you have lost sight, not to gain some sort of new power. When you have sought and sought and finally exhausted all seeking, you become aware of that which you have been, from the beginning.

*An excerpt from Roshi's "Novice to Master: An Ongoing Lesson in the Extent of My Own Stupidity"*



### A Word About Play

"Spring come again, after moody wintering indoors, I left the hermitage with begging bowl.  
The village children played in the long-awaited sun.  
I bounced the ball with them, chanting --  
one-two-three-four-five-six-seven.  
They bounced while I sang.  
They sang while I bounced.  
So I've wasted, joyfully,  
a whole spring day."

Perhaps that's it -- the total abandonment of utility.  
"If you can spend a perfectly useless afternoon  
in a perfectly useless manner,  
you have learned how to live."

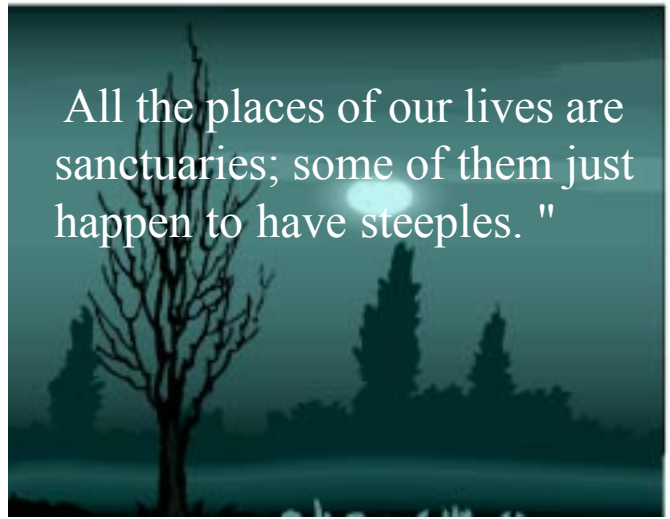
--Hal W. French in "Zen and the Art of Everything"

## Upcoming 2003 Soul-Link Activities



June 28	7:00 P.M.	Movie Night: "Crouching Tiger, Hidden Dragon" and small-group discussion; Call Joe at 531-0343 for more info.
July 11	7:30-9:00 P.M.	Tony D'Souza Presents "Discovering the Divine Within" at First Congregational Church-No RSVP is necessary; No admission charge; Free-will Offering
July 12	9:00 A.M. to 2:00 P.M.	Tony D'Souza Workshop Session - RSVP is encouraged. Advance registration fee with RSVP no later than July 9, 2003 is \$15.00. Walk-ins are welcome. Fee on the day of the workshop is \$20.00. Call 473-5852 to register by leaving a message or complete and return the registration form on page 4 of this newsletter
July 14 Aug. 11 Sept. 8	6:30-8:00 P.M.	Potluck & Discussion at Soul-Link Center 2413 N. Cascade Bring a favorite dish-no RSVP is necessary
Aug. 9	7:30-9:00 P.M.	"Music To Move The Soul" - Concert featuring musicians: Volan, Uvagas, & Sokol, in the auditorium at Benet Hill Monastery (on N. Chelton)No RSVP is needed.Admission is \$10.00 at the door
Sept. 13	9:00 A.M.	Fall Retreat at El Pomar

All the places of our lives are sanctuaries; some of them just happen to have steeples. "



*An Excerpt from Robert Benson in  
Between the Dreaming and the*

### *Coming True: The Road Home to God*

"We do not always see that we should be moving about our days and lives and places with awe and reverence and wonder, with the same soft steps with which we enter a room of a sleeping child or the mysterious silence of a cathedral. There is no ground that is not holy ground. All the places of our lives are sanctuaries; some of them just happen to have steeples. "

**Don't miss the next Movie Night -- on June 28 at 7:00 P.M.** Call Joe at 531-0343 to RSVP. More info. in the Soul-Link activities list.

*"If we have learned the lessons of emptiness, we are ready to move closer to the mysteries, the real substance of the spiritual and religious life . . . rituals and stories show us how to enter mysteries and be initiated by them without ever figuring them out." --Thomas Moore, The Soul's Religion*

## Soul-Link Development Task Force Is Formed

The Soul-Link Development Task Force has been meeting for the past three months. Invited to serve as Task Force members are: Nancy Binkley, Linda Cellini, Mark Dempsey, Sharon Littrell, Betty Olsen, CoCo Soper, Tom Stella, Kathy Verlo, Barbara Wasser, and Jerry Bagg. The Task Force has been developing ideas for marketing and name recognition: including a Soul-Link professional logo, tag line, and color brochure. The group has also been reviewing potential funding sources (foundations, trusts, etc), letters of appeal, and ways to generate new participants and areas of support. A special event is currently being planned during the month of August to raise awareness of Soul-Link in the Colorado Springs community. There are also plans to contact church leaders and the mental health professionals in the area to make them aware of our mission. The Development Task Force is off to a great start and we are very grateful to the members for the work they are doing and the time they are giving.

**Soul-Link, Inc.**

P. O. Box 7790

Colorado Springs, CO 80933-7790

**TO:**



**Tony D'Souza Workshop Registration for Sat., July 12, 2003 - 9:00 A.M. - 2:00 P.M.**

First Congregational Church - downtown Colorado Springs. *(There is no registration fee for the Friday evening session.)*

*(Clip and return with your check made payable to: Soul-Link, Inc.)*

**Mail to:** Soul-Link, Inc. P.O. Box 7790, Colorado Springs, CO 80933-7790

Registrations received by **July 9:** \$15.00 incl. lunch

Registrations on day of workshop: \$20.00 incl. lunch

No. of persons attending \_\_\_\_\_ Amount enclosed \_\_\_\_\_

Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Please list any special dietary needs \_\_\_\_\_