

Soul-Link, Inc.

“ . . . fostering an awareness of and response to the sacred in nature, human nature and events of everyday life.”

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Soul Link Board

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SOUL LINK
Together on the Spiritual Path

Soul-Link, Inc.
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SOUL LINK RETREAT

“Revival II: Renew Your Spirit, Restore Your Soul”

In February of this year, Soul Link held its first spiritual revival. It featured songs performed by Joe Uveges, brief presentations about various topics related to the spiritual life, and small group discussions. The day was a great success and those present, as well as some who were not, have asked that we do it again. The next Soul Link retreat will be Revival II. Joe will again join us for the day. The topics will be different, but the format will be the same. Please join us for this inspiring, informative, and entertaining day of renewal and restoration when we will remember and celebrate the sacredness of our lives.

Date: Saturday, October 18, 2008

Place: Julie Penrose House (1661 Mesa Rd. behind the Broadmoor)

Time: 8:30 (registration), 9:00 - 2:30 (retreat)

Cost: \$30 early registration, \$35 at the door. Scholarships available.

Information: 776-2672

From *As Above So Below* by Ronald S. Miller, et. al.

As above, so below means that the two worlds (matter and spirit) are seen to be one...When we live this simple but profound truth in our everyday lives, we discover spiritual renewal even when paying bills, shopping for groceries, and helping our children with their homework. Our most mundane activities carry a sense of the sacred because we do not partition life into segregated areas designated spiritual and worldly. Following the dictum “As above, so below,” we unite the sacred and the profane, extending our spiritual practice beyond traditional inner-directed exercise to include loving our families, making a living, serving our communities, and caring for the earth.

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Many of us lose touch with our own indwelling Divine nature - the unlimited creative potential of love - we have forgotten who we are. In the normal process of growing up, most of us gradually lose touch with our creative essence through an unconscious conditioning process enforced by parents, educators, religious teachers, and the media. We cling to impoverished and limited self-images, a condition called sleep or dreaming by the spiritual traditions.

By conforming to spiritual ideals imposed from the outside through the force of tradition, people often channel themselves into models of behavior that violate their inner essence... We all are guaranteed realization/salvation when we strip away our pre-conceived notions about spiritual perfection, give up striving for some idealized end-point called "enlightenment," and discover the magnificence of who we already are.

Quote Corner

Beware of the differences that blind us to the unity that binds us. - Huston Smith

The ideal is to live with both our strengths and our weaknesses. - Anonymous

The moment one gives close attention to anything, even a blade of brass, it becomes a mysterious, awesome, indescribably magnificent world in itself. - Henry Miller

Holiness is ordinary life held up to the light and profoundly seen. - Anonymous

It is high time the ideal of success should be replaced with the ideal of service.
- Albert Einstein

Books For the Journey

***The Promise of Paradox* by Parker Palmer (Wiley, John & Sons, Inc.)**

In this probing and heartfelt book the distinguished writer, teacher, and activist examines some of the challenging questions at the core of spirituality. How do we live with the apparent opposition between good and evil, scarcity and abundance, individuality and community, death and new life? We can hold them as paradoxes not "either/ors," allowing them to open our minds and hearts to new ways of seeing and being.

***Everyday Miracles* by David Spangler (Random House)**

Spangler reconnects one with the ability to be mindful of the present and how the divine works its magic when we are able to put aside our self doubt and fears. The book steers the reader away from spiritual pride and group think, and toward a real relationship with the source of miracles.

***The Gift of Years* by Joan Chittister (Blue Bridge Press)**

The great adventure of getting older and being an elder is the chance to deepen and enrich our spirituality. Whereas we can find examples of this in the medicine men and women of indigenous cultures and in the seers of Judaism, Hinduism, Buddhism, and other religious traditions, wise old souls are rarely depicted in Western movies and television programs. Usually old people are portrayed as frail, bumbling, or silly. Joan Chittister turns her attention to the sad consequences of stereotypes about aging. She posits a different and very inspiring portrait of the gifts, not the lacks, of years.

Events of Interest

Benedictine Spiritual Formation

Registrations are now being taken for Benet Hill Monastery's Benedictine Spiritual Formation Program. BSFP is a two-year course of study focused on spiritual growth and personal transformation designed to deepen the participant's inner journey and to open new pathways of spiritual service. Classes are two and a half hours long and meet weekly, Sept - May. For more information contact Patty Degen (528-5303) or patty@bsfp.org.

"God's Creation Cries for Justice"

This is an 8-week series on climate change. The classes take place on Monday evenings from 6:30 - 9:00; there is a \$10 charge. For more information contact Debbie Kunkel at 535-2785 or coskunkel@comcast.net.

Faith & Environment, Together Symposium

This two-part symposium features Richard Cizik of the National Assoc. of Evangelicals, and takes place on Tuesday, Sept. 16 at Vanguard Church, and Wednesday, Sept. 17 at Shove Chapel at Colo. College at 7pm. Contact Jay Patel (578-2818) or jay@csindy.com for more information.

Soul Link Programs

This is a plug for some of our ongoing programs which have been important to a number of those who receive this newsletter; see the **Coming Events** listing for details. **Potluck Discussions** continue to be held every second Monday of the month - you need not call in, just show up with some food to share. The **Book Club** meets monthly - to be put on the email list, and for more information contact jamesgilroy@aol.com. The **Film Group** meets about every other month - for information on this group contact soullinkfilmgroup@gbonline.com. The **Spiritual Support Group** usually meets on the last Sunday of the month - contact Sheilah Shapiro at skshapiro@peoplepc.com. Your involvement in any or all of these groups is welcome.

Coming Events

Sept 8, Oct 13, Nov 10, Dec 8, Jan 12, Feb 9:
Potluck Discussions
(Soul Link House, 6:30pm)

Sept 9, Oct 7,
6:30-8pm:
Book Group
Thou Art That, TBD
(Soul Link House)

Oct 8, 5:30pm:
Board Meeting
(Soul Link House)

Sept 28, 1:00pm:
Spiritual Support Group
(Soul Link House)

Oct 26, 2:00pm:
Film Group
The Five People You Meet in Heaven
(Soul Link House)

Save the Date

SoulLink
Winter Retreat

Saturday,
Jan 24, 2009

There are currently 348 names on our mailing list. If you know anyone who would like to receive the newsletter, have them call the office at 776-2672. If you no longer wish to receive the newsletter, please call and ask that your name be deleted. Each newsletter is also posted under the Resources tab on our website at www.soullinkonline.org.



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Saturday, October 18, 2008

Mail In Registration Form

Clip and return with registration fee no later than October 13, 2008

Please complete information below, and send it along with your payment of \$30 per person to:

Soul Link, Inc.
2413 N. Cascade Ave
Colorado Springs, CO 80907

Name(s) of person(s) attending _____

Phone number _____

Drop-ins are welcome the day of the retreat. The registration fee “at the door” will be \$35 per person. We hope you will invite a friend to join us for this time of reflection and conversation.